

The Three Pilchards

All our dishes are made fresh - with local ingredients where possible. Due to this, wait times can be increased during peak times where we advise of wait of around 45 minutes.

— ■■ Favourites ■■ —

Pancetta Wrapped Chicken 17.95

Pork sausage & apricot stuffing - bubble & squeak cake - baby carrot purée - redcurrant jus - green veg medley

BBQ Texan Beef Burger 14.95

Two 4oz beef burgers - BBQ sauce - gherkin - mixed leaves - onion rings - beef tomato - bacon - mozzarella - homemade chips - homemade slaw

Double Cheese Burger 12.95

Two 4oz beef burgers - mozzarella - gherkin - mixed leaves - beef tomato - homemade Chips - homemade slaw

Southern Fried Chicken Strip Burger 12.95

BBQ sauce - gherkin - mixed leaves - homemade chips - homemade slaw

Ham Ploughman's 14.95

Fresh ham - homemade ham hock terrine - caramelised onion chutney - pickled onion - homemade slaw - fresh bread - homemade piccalilli

v Cornish Cheeseboard for One or Two 16.95 / 30.95

Cornish: yarg, blue, smoked cheddar cheese - pickled gherkins - chutney - grapes - homemade piccalilli - fresh bakery bread - crackers

To ensure everyone receives their order in a fair & timely manner, during peak times we are unable to accommodate starters or desserts. Therefore all food items on your order will be presented to your table as one course.

v GF Bubble & Squeak Cake 8.95

Fried duck egg - pea purée
- *Add homemade ham-hock terrine £1.95 -

Slowly Braised Steak & Ale Pie 16.95

Mashed potato & cheese topping - green veg medley

GF Curried Lamb Kebab 17.95

*Crispy onions - butternut squash purée - pineapple salsa -
full salad - poppadom*

— ■ **Fish Dishes** ■ —

Crab Bisque 8.95

*Fresh bakery bread - Cornish butter - crème fraîche -
chive*

Locally Sourced Fish & Chips 17.45

*Cod in cider batter - hand-cut chips - garden peas -
homemade tartare*

Melt-in-the-Middle Fish Cake 15.95

*Smoked haddock, cod & chive cake - Cornish yarg sauce -
homemade chips - salad garnish*

10 Garlic Tiger Prawns 15.95

*Peeled tiger prawns, oven baked in garlic butter - fresh
bakery bread - salad garnish*

GF Our Famous Fish Pie 18.95

*Locally sourced fish - smoked haddock - peeled prawns -
garden peas - garlic, cream & chive sauce - chive &
mozzarella mash - green veg medley*

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The Pilchards Cold Platter for One or Two 21.95 / 38.95

*Home-smoked tiger prawns - 'hot smoked' salmon fillet -
smoked mackerel - crevettes - Greenland prawns -
pickled mussels - green lip mussels*

GF Cold Prawn Trio Salad 17.95

*Chilled Greenland prawns - 'shell-on' crevettes - tiger
prawns - poppadom - pineapple salsa*

— ■ **Vegetarian & Vegan** ■ —

VEGAN GF Vegan Indian Platter 14.95

*Indian inspired parsnip, squash & sweet potato curry -
poppadom - homemade onion bhaji - white rice - mango
chutney*

VEGAN GF Bean & Vegetable Shish Kebab 14.95

Crispy onions - pineapple salsa - full salad - poppadom

VEGAN GF Chef's Special Ratatouille 14.95

*Roasted butternut squash bowl - vegetable ratatouille -
rich tomato & basil sauce - lemon & thyme roasted new
potatoes*

v Cajun Breaded Halloumi Burger 14.95

*Spiced tomato chutney - mixed leaves - gherkin - beef
tomato - homemade slaw - homemade chips*

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— ■■ Sandwich Selection ■■ —

All Sandwiches are served on a choice of white or granary bread accompanied by dehydrated vegetable crisps & homemade coleslaw

Ham 9.95

Caramelised onion chutney - salad leaves

Mature Cheddar Cheese 9.95

Caramelised onion chutney - salad leaves

Prawn Marie-Rose 12.95

Salad leaves

— ■■ For the Under 12's ■■ —

All children's meals come with homemade chips and a choice of beans or peas

Southern Fried Chicken 8.95

Local Sausages 8.95

Local Fish in Batter 8.95

v Cajun Breaded Halloumi 8.95

Cheeseburger 8.95

— ■■ Sides ■■ —

^{VEGAN}GF Green Vegetable Medley 4.95

v Garlic Ciabatta 4.45

v Garlic Ciabatta with Mozzarella 5.45

v GF Homemade Chips 4.45

v GF Homemade Chips with Cheese 5.45

v Onion Rings 3.95

^{VEGAN}GF House Salad 4.95

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